

What the Press is saying:



Seattle's Best Branded Chefs

You could argue all day over who the best chef in Seattle is. More apparent is who best branded, the name that comes to mind when pondering Seattle food. In a field where everyone is a prima donna and the egos are as big as a flavor burst of habanero powder, these folks stand out for at least making their impression.

[Tom Douglas](#), probably number one in town in terms of dollars, owner of four restaurants and radio program host. His restaurant became permanently etched into memory for its brief appearance in [Sleepless in Seattle](#). This guy is proof that Seattle can be used as a launching pad for national food fame.

[Kathy Casey](#): Where do other chefs go when they need help? To Kathy's food studios. Like the silent chemist behind a celebrity perfume, Kathy is the food designer behind dishes and drinks you've enjoyed in some other restaurant. Kathy is also a maven of the local media, with her [column in the Seattle Times](#) and her seemingly great knack for popping up on local TV programs.

[Lisa Dupar](#): You've probably eaten her food without realizing it. Lisa Dupar feeds the most people behind the scenes, catering over a thousand events a year, including the big name fundraising galas, corporate parties, and social events. Her restaurants are pretty low key, so you wouldn't easily pick up that she's such a big influence on the food scene here.

Lecture: [Justice, Purity, and Sexuality in Modern Iranian History](#), Feb 12th, free. This spot of the world is receiving a lot of attention right now. Understand Iran by understanding its background and culture. ✕ Also, [HIV/AIDS: A Crisis in Africa and Around the World - What can you do?](#) at [Yesler Community Center](#), Feb 9th, 7 PM, free. A panel discussion on the HIV/AIDS pandemic crisis in Africa and why something a continent and ocean away affects us here. ✕ Also, [Rescuing a Planet Under Stress and a Civilization in Trouble](#), Feb 9th, \$15. Exploring the concept of environmentally sustainable development, this lecture ties together globalization into our well-being and economic prosperity. ✕ Also, [The Windflower: An Alchemical Garden](#), Feb 8th, free with admission. An artist and architect collaborate together to produce art in the garden,

showing how to add mythical meaning to your own garden. ✂ Also, [City of the Pyramids Builder: A Local View](#), Feb 7th, free, a discussion of the results of an archeological team at the foot of the Giza pyramids.

Activity: [Gay Bingo](#), Feb 11th, \$20, age 21+. It's outta this world, literally, this month, hosted at the Sci Fi Museum. Dress up as your favorite gay space character, whatever that is. You always suspected Kirk and Spock had that little dalliance going on.

Workshops: [A Participatory Event for Women: Living with Intention and Imagination in the Second Half of Life](#), Feb 12th, \$85. For women with the bulk of their busy careers behind them, here's how to move onto the next stage of life, of spirituality, volunteerism, leadership, and strengthening family and community. ✂ Also, [Genealogical Research at the Archives Office](#), Feb 11th, \$10 requested donation: *Searching for Family-Related Photos online*, 10 AM - Noon, and *Federal and Other Land Records*, 1:30 - 4 PM.

Music: [Music from the Heart](#), Feb 14th, \$14. The most romantic music playing in Seattle on Valentine's Day, acoustical music as delightful as chocolate. ✂ Also, [Andre Feriante](#), Feb 14th, \$30. The soft and saucy touch of Spanish guitar ✂ Also, [Loop 2.4.2 at Chapel of St. Ignatius](#), Feb 11th, \$15 suggested donation. A New York percussion-based ensemble of Tibetan prayer bowls, log drums, Indian flute, marimba, cello, a variety of drums, and a couple of other oddball instruments.

Family Activity: [Chinese Lantern Festival](#), Feb 12th, \$5. Welcome in the Year of the Dog: tea tasting, Chinese fortune telling, calligraphy, martial arts demonstrations, traditional songs and dances, and craft activities for the kids.

Outdoor: [Introduction to Snowshoeing](#), Feb 11th or 12th, \$75+. All you have to do is bring two good feet: they provide snowshoe rental, snacks, hand warmers, orientation lessons, maps, and warm beverages. This is a good winter leisure activity if the long ski lift lines are starting to get to you.

Event: [Kinky Carnival](#), Feb 11th, \$20. An event on the adventurous side, presenting twelve booths of libido liberation. It's not sex, but at least you get a boner out of the deal. At these events, the spanking booth is always the most popular. For some reason, people really dig getting their ass smacked.

Gala: [Illuminating Langston](#), Feb 12th, \$50. Seattle's cultural center puts together its fundraiser, showcasing poetry, song, and dance. Since the cultural talent they bring in is so diverse, some of it is really cool while other parts are just a head scratcher.

Single's Event: [8 Minute Dating](#), Feb 9th & 13th, \$35. It's the speed dating gig, so if the prospect of being alone on Valentine's Day makes you feel pathetic, here's something proactive you can do. ✂ Also, [Cancer Survivors Single's Mixer](#), Feb 10th, free. Music and refreshments and people with common experience.

Libations: [Hops and Props](#), Feb 11th, \$50, age 21+. If you didn't get your fill of beer over Superbowl, or you still want more, here's the craft. 50 breweries provide samples, brewmasters on hand, catering, dancing, and access to museum galleries. Now try dancing the rumba after your sixth beer.



Additional Publications:

Seattle Cooks, published about once a month, covering cooking class, cooking events and tours in Seattle. Here's how to improve your food, covering all skills from novices to seasoned pros. You'll be thanking this when the guest are gushing compliments at your next dinner party. [Follow to subscribe.](#)

3-Day Weekend, published about once a month. It's wondrous how much you can do within a 250 mile radius of Seattle. There's a lot of great geography, activities, views to see, restaurants to dine at, and cute places to sleep in. Learn about the places and trips that will have you asking for the next Friday off. [Follow to subscribe.](#)

Eastside Events, published about once every three weeks. The Eastside actually has a lot of great places and events going on; the difference is they're a little more hidden. This publication brings to light the best of what's happening on the other side of the water. [Follow to subscribe.](#)

Gala Calendar, published once a month. Plan ahead for the next gala or formal event. If the only time you put on the evening wear and sparkle is the company holiday party, then you're missing a lot of Seattle. It seems like the only time the media covers a gala is afterwards, when they're printing the photos of what already happened and describing what a good time you missed. If you'd like to learn of a great party beforehand instead, then you just might end up as the pretty person in the published photo sometime! [Follow to subscribe.](#)

Single Events, published about once every three weeks. The old yarn is that it's hard to meet new people in Seattle. There are actually a lot of fun activities going on that improve your chances of meeting someone of interest, if you know what's up. The first step is getting out of the house; the second step is knowing what to do - this publication provides the ideas. [Follow to subscribe.](#)

To subscribe to all newsletters, [Follow here.](#) All email newsletters are free.



Copyright 2006, Seattle Spin

To be taken off, [follow this](#) or reply to this email with "stop" in the subject line.

Questions or comments, email spin@seattlespin.net

Circulation questions or problems? Write to circulation@seattlespin.net

Event submission to submit@seattlespin.net after reading the [guidelines](#). Seattle Spin's [Privacy Policy](#)

About: Seattle Spin is a weekly email newsletter highlighting the best restaurants, activities, and venues in Seattle this particular week Contact: Publisher: [Missy Steward](#);

Editor: [Nathaniel Hollywood](#); Contributors: [Mike Ford](#), [Lisa Hilderbrand](#), [David Xue](#), and [Mary Novak](#).